



January 5, 2024

NOTICE

The Board of Directors of the Kaweah Delta Health Care District will meet in an open Academic Development Committee meeting at 4:00PM on Wednesday, January 10, 2024 in the Kaweah Health Medical Center – Support Services Building Copper Conference Room (2nd Floor) 520 West Mineral King Avenue.

All Kaweah Delta Health Care District regular board meeting and committee meeting notices and agendas are posted 72 hours prior to meetings (special meetings are posted 24 hours prior to meetings) in the Kaweah Health Medical Center, Mineral King Wing entry corridor between the Mineral King lobby and the Emergency Department waiting room.

The disclosable public records related to agendas are available for public inspection at Kaweah Health Medical Center – Acequia Wing, Executive Offices (Administration Department) {1st floor}, 400 West Mineral King Avenue, Visalia, CA and on the Kaweah Delta Health Care District web page <https://www.kaweahhealth.org>.

KAWEAH DELTA HEALTH CARE DISTRICT
David Francis, Secretary/Treasurer

A handwritten signature in black ink that reads "Cindy Moccio".

Cindy Moccio
Board Clerk, Executive Assistant to CEO

DISTRIBUTION:
Governing Board
Legal Counsel
Executive Team
Chief of Staff
<http://www.kaweahhealth.org>

KAWEAH DELTA HEALTH CARE DISTRICT BOARD OF DIRECTORS

ACADEMIC DEVELOPMENT

Wednesday January 10, 2024

Kaweah Health Support Services Building
520 West Mineral King – Copper Conference Room (2nd floor)

ATTENDING: Directors: Lynn Havard Mirviss (chair) & Ambar Rodriguez; Lori Winston, M.D., Chief of Medical Education & Designated Institutional Official; Gary Herbst, CEO; Keri Noeske, CNO; Amy Shaver, Director of GME; Krystal De Azevedo, Manager of GME; James McNulty, Director of Pharmacy Services, Sean Oldroyd, DO; Mara Lawson; Lydia Marquez, Executive Assistant to the Chief of Medical Education & Designated Institutional Official, Recording

OPEN MEETING – 4:00PM

CALL TO ORDER – *Lynn Havard Mirviss*

Public/Medical Staff participation – Members of the public may comment on agenda items before action is taken and after it is discussed by the Board. Each speaker will be allowed five minutes. Members of the public wishing to address the Board concerning items not on the agenda and within the jurisdictions of the Board are requested to identify themselves at this time. For those who are unable to attend the beginning of the Board meeting during the public participation segment but would like to address the Board, please contact the Board Clerk (Cindy Moccio 559-624-2330) or cmoccio@kaweahhealth.org to make arrangements to address the Board.

1. **[PALLIATIVE MEDICINE CARE SERVICES AND FELLOWSHIP](#)** – Overview and Education Partnerships.

Ryan Howard, MD, Medical Director of Hospice and Palliative Medicine

2. **[POINT OF CARE ULTRASOUND \(POCUS\) PROGRAM](#)** – Review of the accreditation status, current citations, performance on institutional metrics, and SWOT analysis.

John Hipskind, MD, GME Director of Ultrasound, EM Ultrasound Fellowship Director & EM Core Faculty Physician

ADJOURN – *Lynn Havard Mirviss*

In compliance with the Americans with Disabilities Act, if you need special assistance to participate at this meeting, please contact the Board Clerk (559) 624-2330. Notification 48 hours prior to the meeting will enable the District to make reasonable arrangements to ensure accessibility to the Kaweah Delta Health Care District Board of Directors meeting.

*Mike Olmos – Zone I
President*

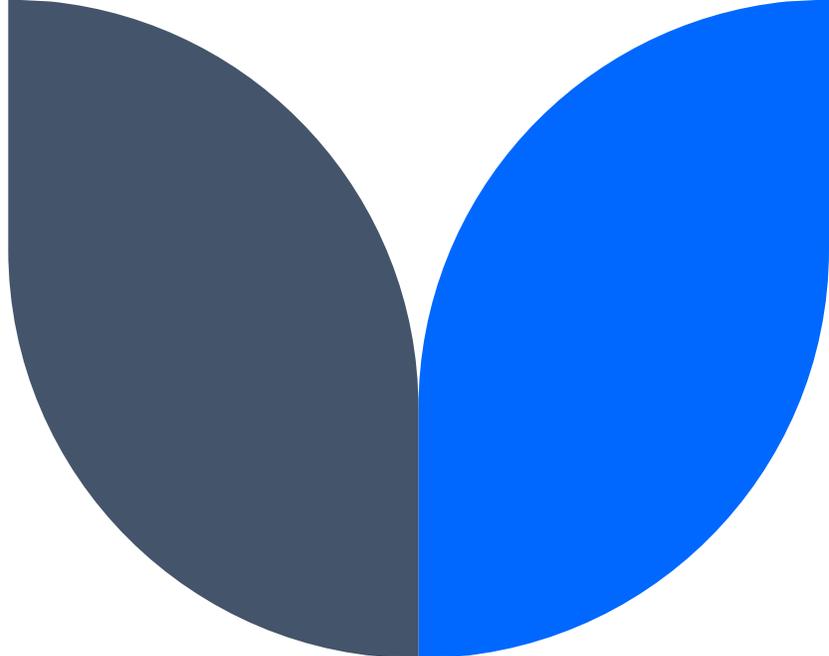
*Lynn Havard Mirviss – Zone II
Vice President*

*– Zone III
Board Member*

*David Francis – Zone IV
Secretary/Treasurer*

*Ambar Rodriguez – Zone V
Board Member*

MISSION: *Health is our Passion. Excellence is our Focus. Compassion is our Promise.*



Hospice and Palliative Medicine Fellowship - Update 2024

Ryan Howard, MD

January 10th, 2024

Agenda

Introduction

Primary goals

Areas of opportunity

Timeframe

Proposal

Summary

Introduction

The Kaweah Health / UCSF Fresno Hospice and Palliative Medicine Fellowship relationship has been in existence since 2019-2020 academic year. Since then, we have had 3 graduating Kaweah Health Family Medicine residents match to their program, and 2 Emergency Medicine residents interview with them. By the end of this academic calendar, 3 graduating fellows will have maintained a formal relationship with KH upon completion of this fellowship.

Components of Education

Representative primary and subspecialty palliative care skills in each domain

Primary palliative care skills	Subspecialty palliative care skills
Assessment/treatment of physical symptoms	
<ul style="list-style-type: none"> ▪ Basic pain management ▪ Basic management of other physical symptoms ▪ Basic use of adjuvant pain relievers ▪ Equianalgesic dose conversion 	<ul style="list-style-type: none"> ▪ Management of refractory pain ▪ Management of other refractory symptoms ▪ Methadone transition when large doses of opioids are being used ▪ Patients with addiction problems and serious illness
Psychological, social, cultural, and spiritual aspects of care	
<ul style="list-style-type: none"> ▪ Basic management of depression/anxiety ▪ Exploration of psychosocial suffering ▪ Basic exploration of spiritual and religious views ▪ Basic exploratory family meeting 	<ul style="list-style-type: none"> ▪ Management of more complex depression, anxiety, grief, and existential distress ▪ Severe religious/spiritual suffering
Serious illness communication issues	
<ul style="list-style-type: none"> ▪ Exploring patient goals in light of circumstances ▪ Making recommendations about code status ▪ Seeking consensus among treating professionals ▪ Seeking consensus among the patient and family 	<ul style="list-style-type: none"> ▪ Dying patients who want "everything" ▪ Major conflict among family members ▪ Major conflict among treating teams ▪ Requests about assisted dying
Care coordination	
<ul style="list-style-type: none"> ▪ Coordinating care among specialists ▪ Clearly defining the primary treating team ▪ Managing transitions to hospice care ▪ Managing transitions out of the hospital 	<ul style="list-style-type: none"> ▪ Transition to hospice with no clear provider ▪ Patient/family major resistance to discharge ▪ Conflict with the designated outpatient provider

Adapted from: Quill TE, Abernathy AP. Generalist plus specialist palliative care - creating a more sustainable model. *N Engl J Med* 2013; 368:1173.

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Kaweah Health Graduates

2021–2022

Dr. Mara SantaMaria of Family Medicine

2023–2024

Dr. Roxanne Talamayan-Pascua of Family Medicine



2022–2023

Dr. Tawanda Charumuka of Family Medicine



Fellowship Graduates

2019–2020

Dr. Ryan Howard, Medical Director of Hospice and Palliative Medicine

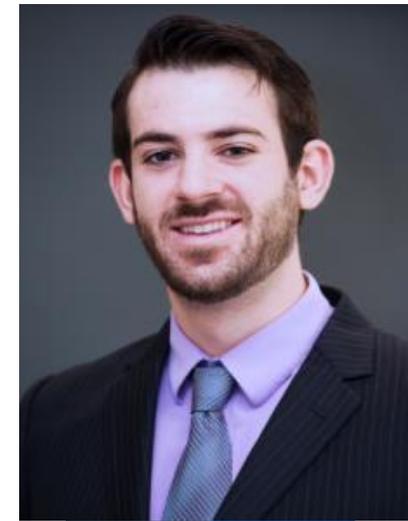
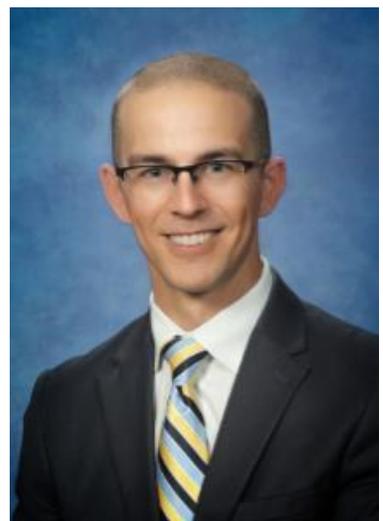
2023–2024

Dr. Roxanne Talamayan-Pascua, Attending Physician in Hospice and Palliative Medicine

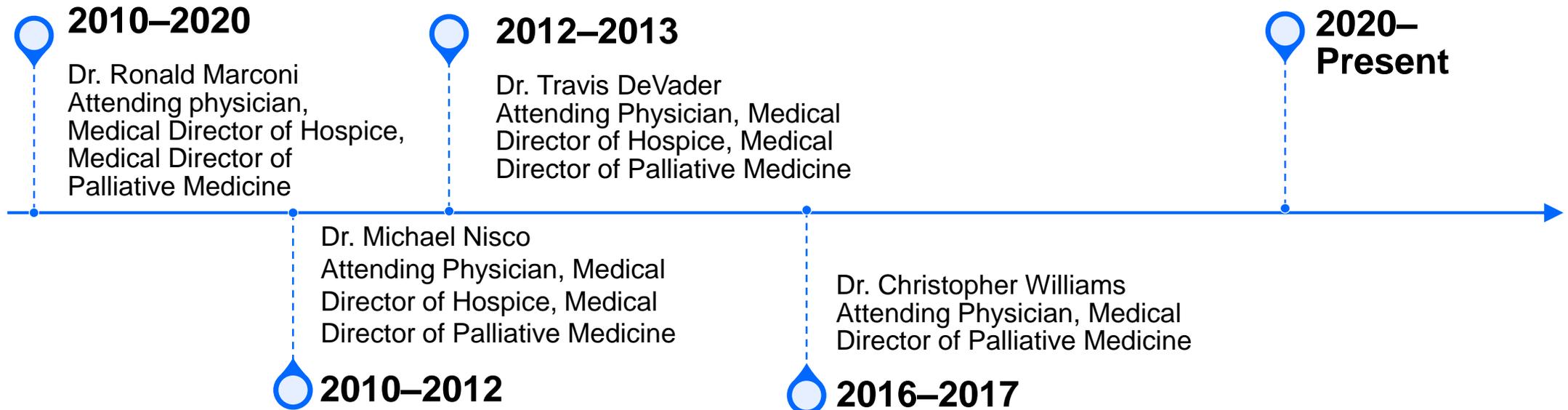


2022–2023

Dr. Spencer Salazar, On-Call Medical Director coverage for Kaweah Health Hospice



Previous Physicians in these roles



Primary goal

To expand access to Hospice and Palliative Medicine services at Kaweah Health by “growing our own.”

“Growing Our Own”

Contributing to the professional development of local learners who are most likely to continue serving our community.

-extensive published material to support the fact that residents are most likely to practice within 80 miles of where they completed residency.

“

Business opportunities are like buses. There's always another one coming.

”

Richard Branson

But I might suggest that recruitment opportunities for well-qualified and good-fit physicians to help build our local programs will be less frequent if we forfeit our involvement with the UCSF Fresno Hospice and Palliative Medicine Fellowship.

Meet our team



Areas of Opportunity in our Community

...historically speaking, has been a late adopter of palliative medicine services. However, physician appreciation of the services we offer to improve the quality of care provided to patients and their families across multiple settings is rapidly increasing.

The opportunities to integrate palliative medicine into the outpatient setting are growing:

- incorporation of a palliative medicine clinic into the Sequoia Regional Cancer Center
- providing virtual palliative medicine consultations with patients currently being served by our Kaweah Health Home Based Palliative Medicine Service
- Expansion of palliative consultation services into Skilled Nursing Facilities.
- Earlier involvement of palliative services in the Emergency Department and ICU settings to ensure goal-concordant care in the acute care settings.

Why support this effort?

As an individual

Do you believe in the work our HPM programs do?

Have you or someone you love had an impactful experience?

Do you wish to show gratitude to those who can do this kind of work?

Are you passionate about increasing the health of your community?

Do you appreciate the need for training and education to become a world-class expert in the field?

As a Foundation

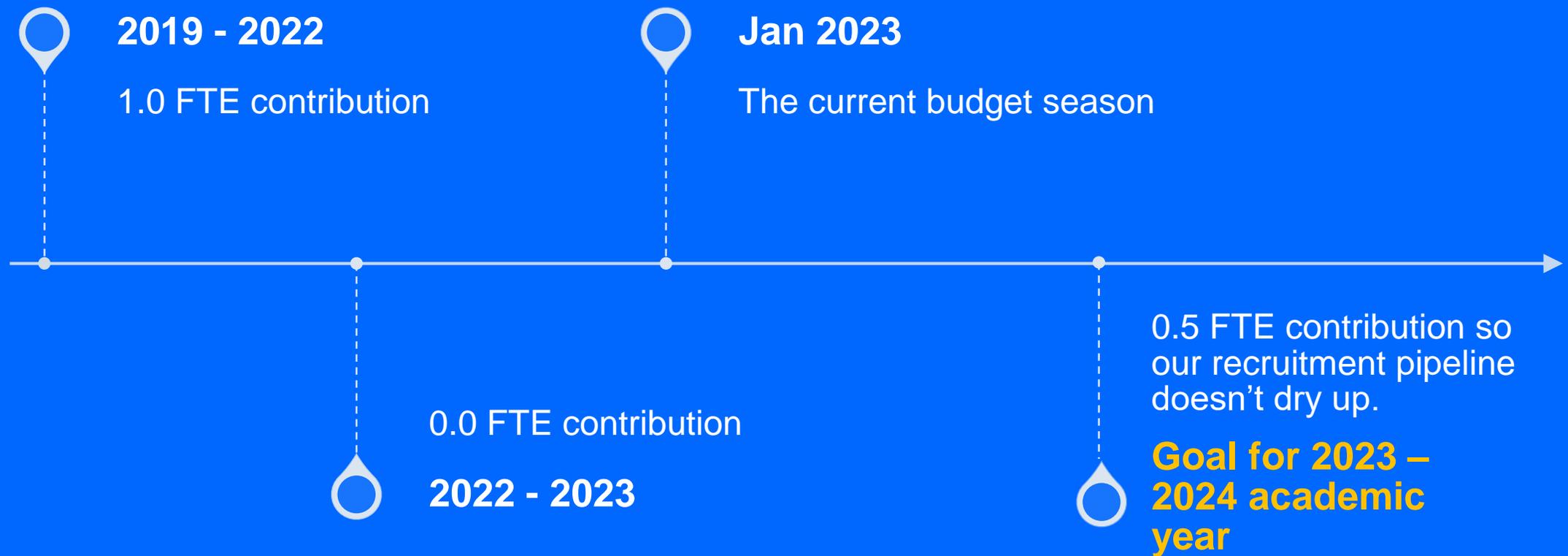
Does financial support of this program align with our mission, vision, and pillars?

Does this program have a positive impact on the health and wellness of our employees?

Is there currently an unmet need?



Timeline



How we get there

Sustaining investment

Kaweah Health

Foundation contributes 0.25 FTE of financial support.

Kaweah Health Hospice Foundation matches 0.25 FTE financial support.

Continue to promote

Ensure our GME residents have an awareness of the fellowship program and elective experiences in palliative medicine.

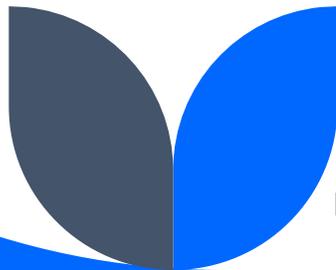
Encourage top performers to pursue fellowship training with incentive to join program upon completion.

Improve access to services and quality of healthcare

Integrate palliative consultation into emergency department and intensive care settings.

Maximize timely engagement of specialty level palliative services.

Cultivate new programs in the outpatient setting.



Summary

At Kaweah Health, health is our passion. Excellence is our focus. Compassion is our promise. To be our community's healthcare choice, for life, we must continue to develop our specialty level services for those living with complex and serious illness, as well as those approaching end of life.



Thank you

Ryan Howard, MD

rhoward@kaweahhealth.org

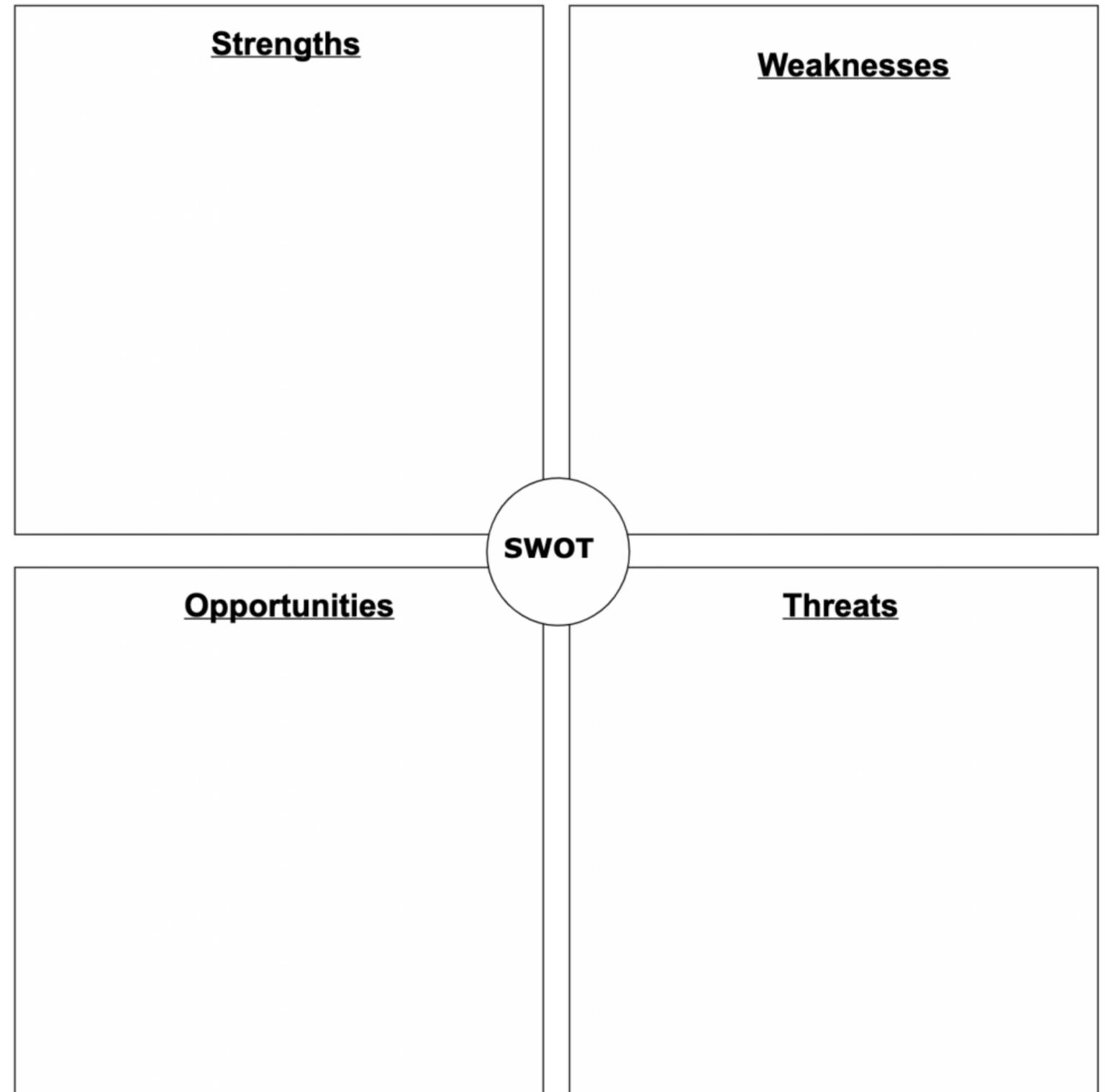
Office – 559.624.6810

Point of Care UltraSound

“Help US to help you”



J. Hipkind, MD, Director of GME POCUS



Strengths

Universal

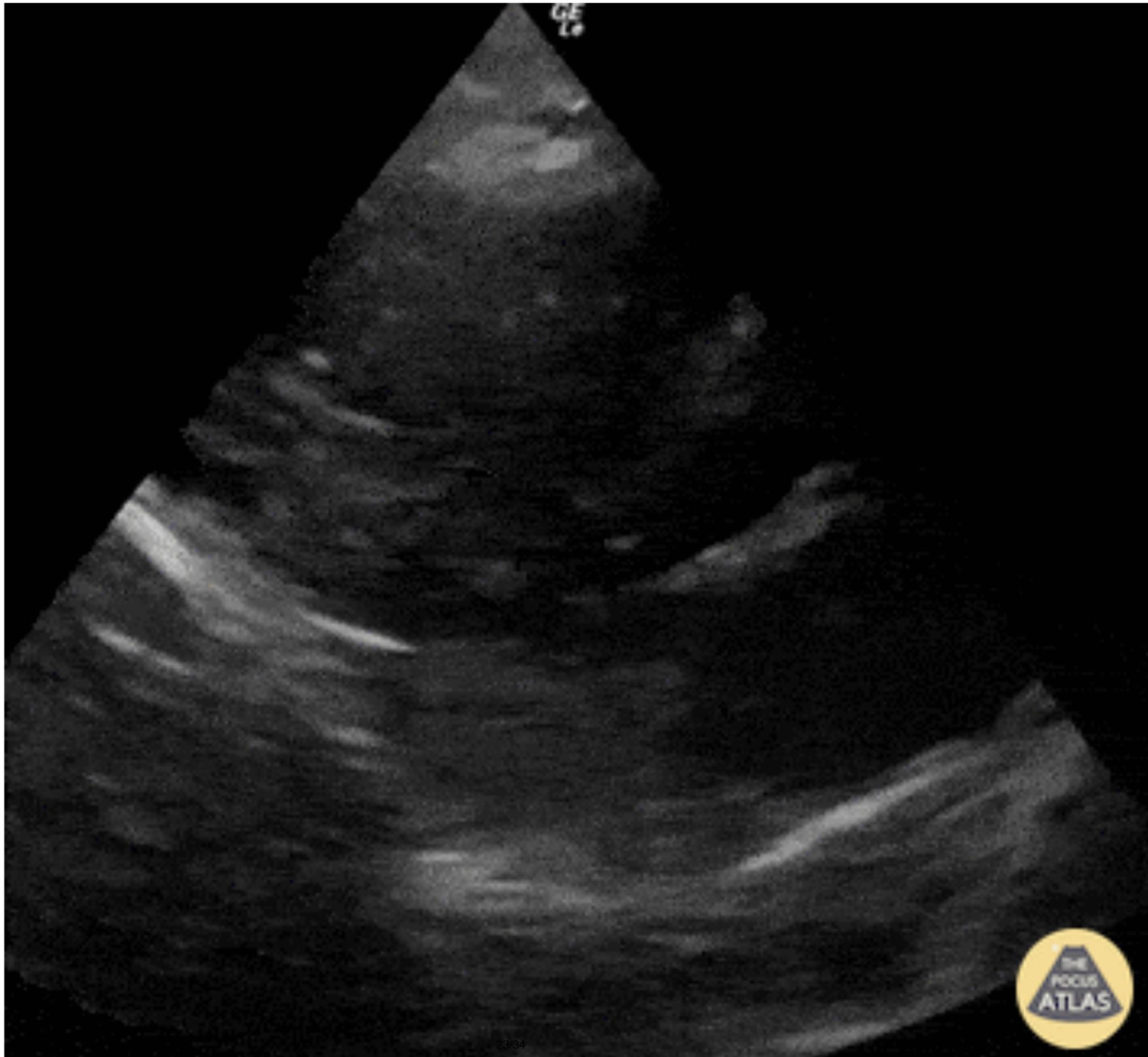
- Results
- Repeatable
- Reimbursable
- Range of use



Strengths Kaweah

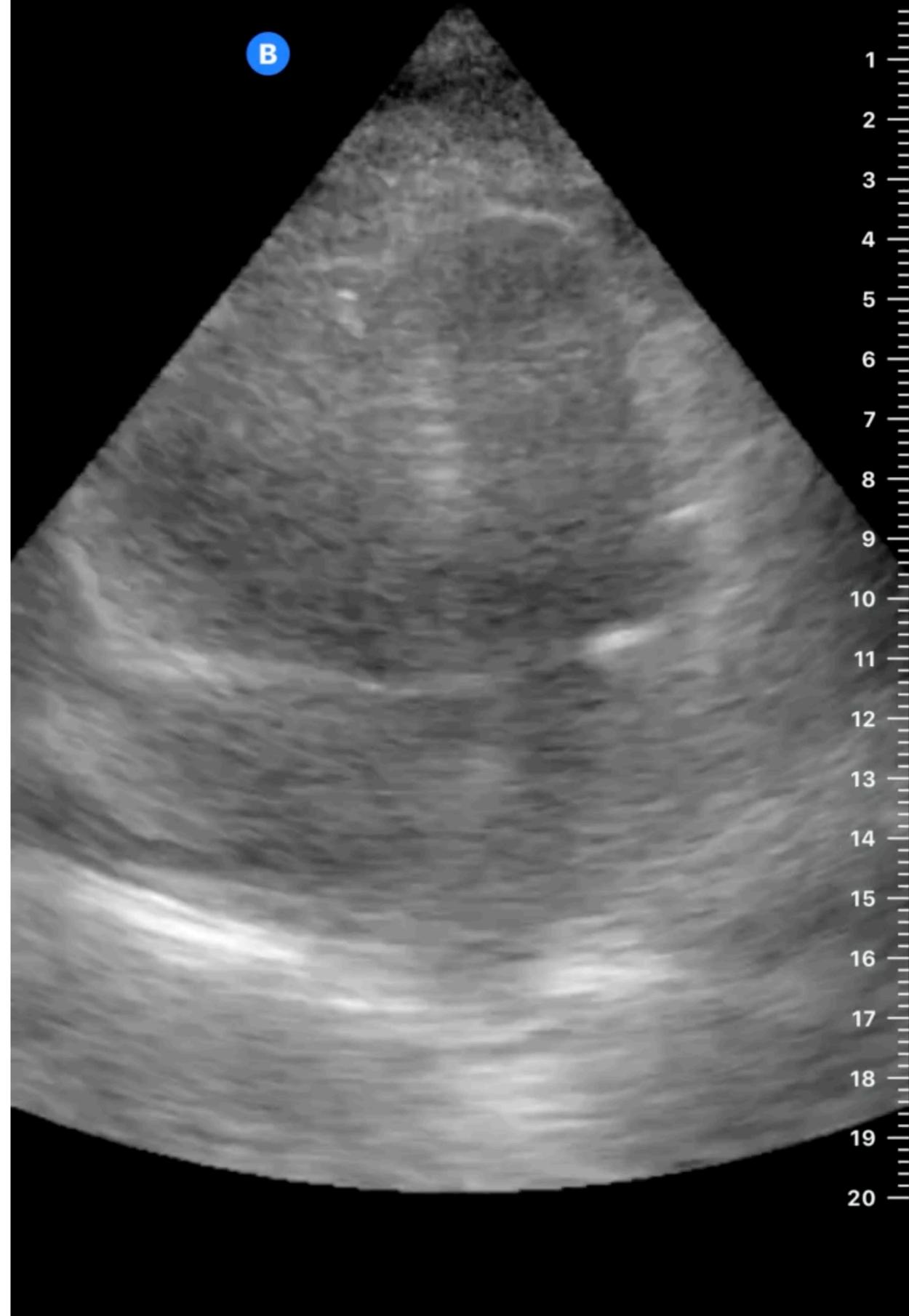
- Compensation
- Cost effectiveness
- Completeness
- Critical Catches

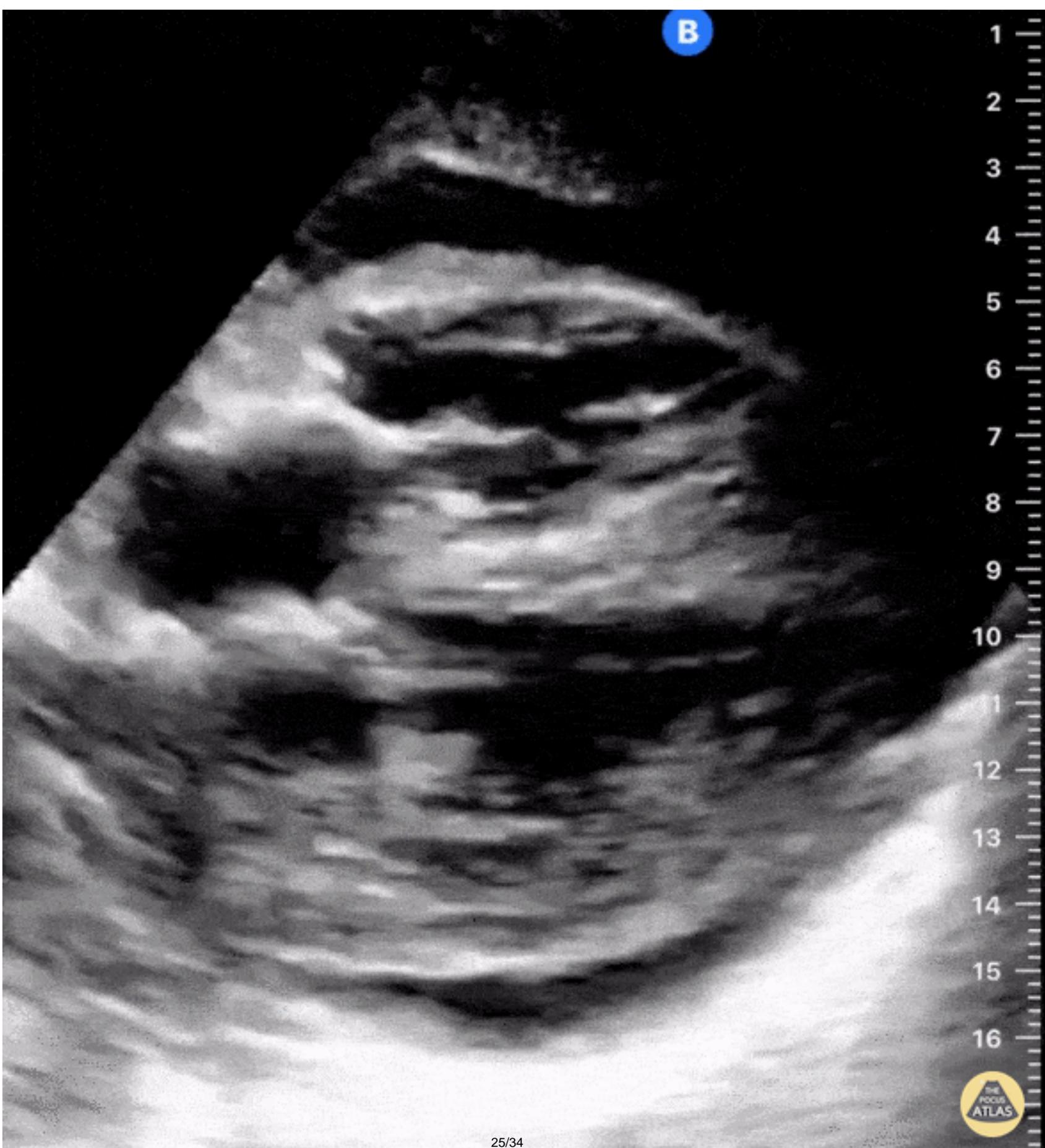




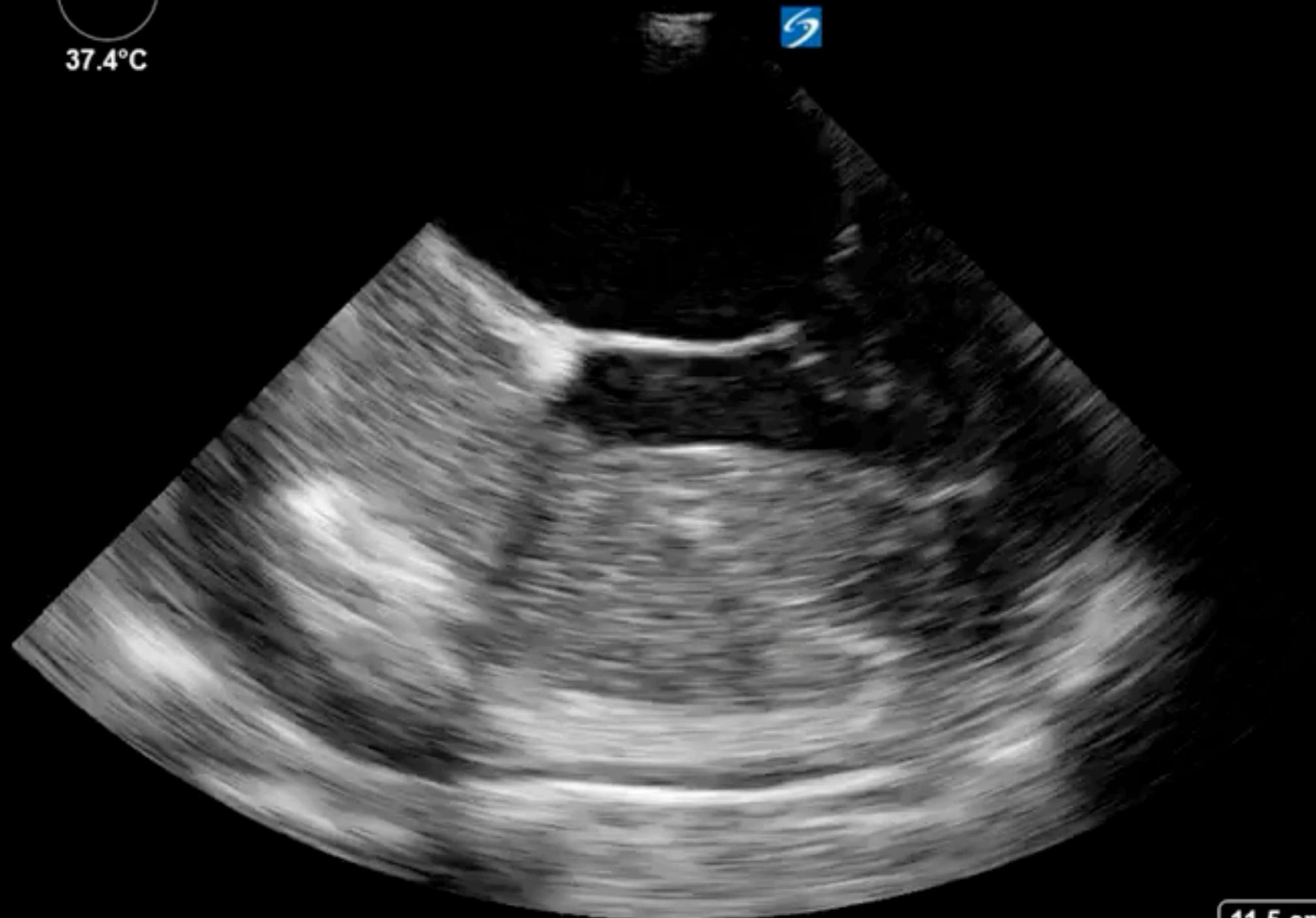
TIS: 0.01, MI: 0.35, Cardiac Deep

B





0° 0° 180°
37.4°C



11.5 cm

SonoSite
TEExp/8-3 Cardiac
MI: 0.7 TIS: 0.5

2D: G: 50
Gen DR: 0

VI



APPENDICITIS

LONG



4.2 cm

2D: G: 50
Res DR: 0
MB

SonoSite

L25xp/13-6 MSK
MI: 0.7 TIS: 0.2

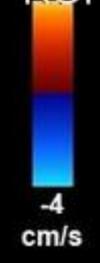
ED
KDED

VI



APPENDICITIS

ROF



-4
cm/s



3.5 cm

Color: G: 50
Low Res DR: 0
625Hz
0°

SonoSite

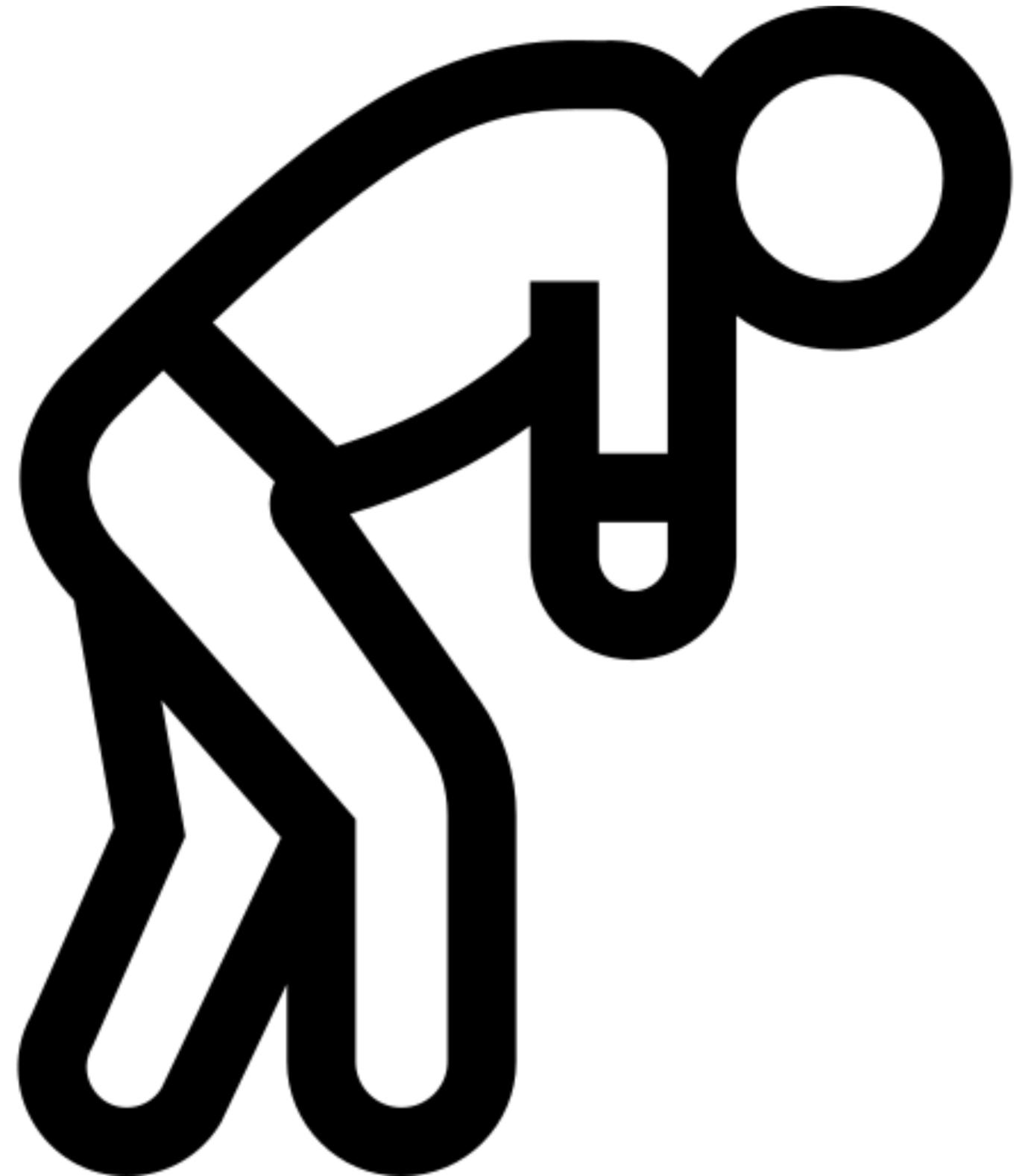
L25xp/13-6 MSK
MI: 0.6 TIS: 0.4

ED
KDED

Weaknesses

Universal

- Learning
- Reimbursing
- Integrating



Weaknesses

Kaweah

- Learning
- Lagging
- Limited



Opportunities

Universal

- Technology
- Training
- Telehealth



Opportunities Kaweah



- Technological
- Training
- Tsar
- Throughput



Threats

Universal

- Regulatory
- Restrictions



Threats

Kaweah

- Training
- Tactical
- Troglodyte
- “Tsar-less”



POCUS wrap

- Quicker & more accurate dx
- ROI for pt. health & \$\$
- KW POCUS Tzar
- Upgrade & more units
- Expand training

