

Vital Variety

Course Description

This course is designed for the licensed nurse to update information on diabetes, sepsis, and cardiac medications. Curriculum will define and demonstrate the effect each have on the human body with the goal of improving patient outcomes in the health care setting.

Course Objectives

1. Define the types of diabetes
2. List three (3) complications of diabetes
3. Verbalize the concept of glycemic control (A1c, trending BG results, etc.)
4. Discuss the impact of renal and hepatic dysfunction on insulin clearance.
5. Define and differentiate between SIRS and sepsis
6. List three (3) signs/symptoms of sepsis
7. List two (2) interventions that improve outcomes for patients with sepsis
8. Understand and describe how cardiac medications effect assessment of the 10 signs of vitality.
9. List four (4) most common side effects of cardiac medications.

Course Outline

- I. Introduction
- II. Cardiac Medications
 - a. Pharmacology
 - b. Care Management
- III. Diabetes
 - a. Physiology
 - b. Management of patients with diabetes in the acute care setting
- IV. Sepsis
 - a. Physiology
 - b. Recognizing the signs
 - c. Call to Action

Date	Time	Location
Session 1 March 21, 2018	0800 - 1200	Emerald Room, 1 st floor SSB
Session 2 June 29, 2018	0800 - 1200	Emerald Room, 1 st floor SSB
Session 3 October 2, 2018	0800 - 1200	Emerald Room, 1 st floor SSB

Instructor(s): Emma Camarena, DNP, RN, APN; Sarah Stephens, Pharmacist; Cindy Shaver, RN – Diabetes Educator; Amanda Perez, RN; Cindra Cochran, MSN, RN

CE Credits: Provider approved by the California Board of Registered Nursing, Provider Number CEP1003, for 4.0 Contact Hours.

Fees: No Fee for KDHCD Employees, \$10 per CE for non-KDHCD employees.

Registration: **KDHCD Employees:** KNet or KDCentral → Sites → myNETLEARNING → Learning Opportunities (Enroll), then search for class title.
Non employees: Call Human Resources at 624-5900.

Refund/Cancellation Policy:

Refunds will be made to class participants only when the following conditions are met:

- The class session is canceled;

OR

Cancellation submitted via:

- KNet or KDCentral → Sites → myNETLEARNING → myClasses → click Drop Class  under the name of the class or course that you would like to drop. Non employees call Human Resources at 624-5900.

Fees for continuing education may be deductible for federal income tax purposes provided certain circumstances are met. Check with the Internal Revenue Service or your tax advisor for details.