## **MISSION STATEMENT:**

Health is our passion. Excellence is our focus. Compassion is our promise.

## **VISION:**

To be your world-class healthcare choice, for life.

# REHABILITATION PURPOSE STATEMENT:

Inspiring hope for the future.

# CODE OF ETHICAL BEHAVIOR

- Treat all with dignity, respect and courtesy
- Provide necessary services according to a uniform standard of care
- Provide high quality and cost effective services
- Ethical and legal business practices

## ACCREDITATION

Kaweah Health Rehabilitation Hospital has maintained CARF Accreditation (Commission on Accreditation of Rehabilitation Facilities) since 1993. In 2011, the program was awarded specialty accreditation in both stroke and amputee care. "CARF-accredited service providers have applied CARF's comprehensive set of standards for quality to their business and service delivery practices. This means that they have demonstrated conformance to proven standards for business practices and are committed to continuous quality improvement. Each provider's commitment to excellence is periodically evaluated on site and reconfirmed annually." (CARF website)

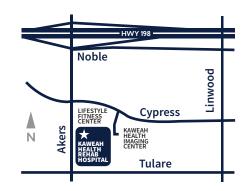


Kaweah Health Rehabilitation Hospital

> 840 S. Akers Ave., Visalia 93277

**(559) 624-3700** FAX: (559) 635-6175 KaweahHealth.org/rehab







# Comprehensive Medical Rehabilitation



WHAT IS ACUTE REHABILITATION? Short term inpatient care for those who have had an illness or injury that has significantly affected their ability to manage their self- care and mobility needs.



## WHO IS ELIGIBLE

- Age 16 or older
- Medically stable
- Able to participate in and benefit from 3 hours of therapy per day
- Medical needs require close physician supervision
- Good potential to return home

#### **COMMON DIAGNOSES**

492 patients were served in 2022, with the following diagnoses:

Stroke 28%	Amputee 10%
Cardiac 5%	Brain Injury 7%
Orthopedic 22%	Multiple Trauma 14%
Spinal Cord Injury 6%	All Other 8%

#### OUTCOMES

- 87% of our patients returned home, better than the national average of 83%.
- 5% were discharged to long term care, lower than the 9% national average.
- 8% of patients had an unplanned acute care transfer.
- Out of 117 patients surveyed from July 2022 to December 2022, 98% would recommend inpatient rehab.

# WHAT TO EXPECT DURING YOUR STAY

- A rehabilitation doctor will lead a team of doctors who will visit week days and be available by phone on weekends.
- Rehabilitation nursing care 24 hours a day.
- Therapy is 3 hours per day, at least 5 days per week to help you meet your goals.
- All patients receive physical and occupational therapy. You will receive speech therapy if needed.
  Activity program.
- Case management assistance in planning for a safe transition to home, including assistance in setting up follow up appointments. They will also keep you informed of insurance coverage and community resources.
- Social work support to help you and your family adjust to changes.
- Your family will participate in training so they can safely assist you at home.
- You may also work with a dietician, chaplain or pharmacist.
- Education to help you maintain your health and continue your recovery.
- Family conference "as needed" to review the plan of care and answer any questions.
- The team will work with you to obtain any equipment you will need at home, and will also set up any needed follow up care through home health or outpatient services.

## **HOW TO PREPARE**

- Bring loose fitting shirts with button down fronts
- Loose fitting pants
- Walking shoes
- Underwear, socks
- Jacket or sweater
- Please leave valuables at home

#### REHABILITATION ROUTINE

- You will be dressed and out of bed all day, and in therapy throughout most of the day. Expect to start the day early.
- Your family will be very involved in training. Think about who will assist you at discharge and have them prepare to spend time at the rehabilitation hospital during your stay.
- The length of your stay depends on your needs and progress. The average over the past year is 13 days.

#### VISITING HOURS AND QUIET TIME

- Visitors may come between 8am to 8pm. Children under 12 may visit in the front lobby, cafeteria or courtyard only. Visitors not involved in family training should generally come after 3pm, once therapy is done for the day.
- You will typically have a roommate. In order to get adequate rest, lights, music, television are all to be turned off by 10pm. You may bring headphones if you want to listen to your phone or tablet after 10PM.

For more information about Kaweah Health Rehabilitation Hospital, our services or our credentials, please call us at (559) 624-3700.