

KAWEAH DELTA MISSION STATEMENT

To provide high quality, customer oriented and financially strong health care services to meet the needs of those we serve.

PROGRAM OUTCOMES

Patients leave the program when they can safely return to the community, and then generally continue their recovery via outpatient services or home health. Many patients transition from the inpatient acute rehabilitation program to other services such as outpatient therapy, cardiac rehabilitation and independent exercise on the same campus. The specific amount of time a patient stays at the center is determined by their individual progress and goals, and can be as short as a few days or as long as several weeks. The average length of stay during the past year has been 12 days.

87% of the patients who completed the program in 2016 returned directly to the community, compared to a 77% average amongst other rehabilitation hospitals in the nation. 7% were discharged into a long term care setting. Patient surveys place our program in the top 30% of rehabilitation programs in the area.

ACCREDITATION

Kaweah Delta Rehabilitation Hospital has maintained CARF Accreditation (Commission on Accreditation of Rehabilitation Facilities) since 1993 "a qualified endorsement that your provider conforms to nationally and internationally recognized service standards and is focused on delivering the most favorable results for you." (CARF website). In 2011, the program was awarded specialty accreditation in both stroke and amputee care.

*For more information
about Kaweah Delta
Rehabilitation Hospital,
our services or our credentials,
please call us at 624-3700.*

*To make a referral,
please call 624-3993.*



840 S. Akers Ave., Visalia, CA 93277
(559) 624-3700 • Fax (559) 635-4165

For information on Kaweah Delta services,
or to find a physician, please call

1 (877) KAWEAH 1

    Kaweahdelta.org

KAWEAH DELTA HEALTH CARE DISTRICT

COMPREHENSIVE

MEDICAL

REHABILITATION



**Kaweah Delta
Rehabilitation Hospital**
A division of Kaweah Delta Health Care District

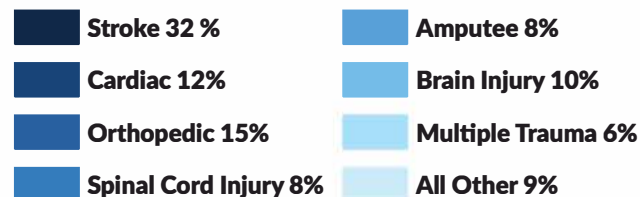
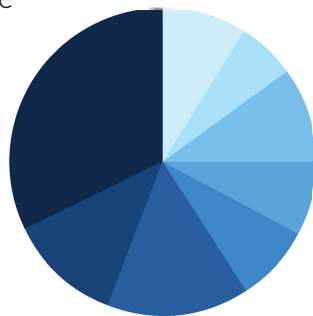
COMPREHENSIVE MEDICAL REHABILITATION



PROGRAM SCOPE

Acute rehabilitation is a short term, intensive program for adults (18 and over) who have good potential to return to home or another community setting. Patients admitted must be medically stable but still need close supervision from a physician to safely engage in rehabilitation. Active participation in three hours of therapy per day is required, so patients must have appropriate endurance, the ability to learn, and be likely to experience significant practical benefit from therapy. Typical diagnoses include stroke, spinal cord injury, amputation, major multiple trauma, brain injury, and neurological disorders. Some patients who have had a joint replaced due to arthritis or a fracture, and have a complicating medical condition, may also be eligible.

The Comprehensive Medical Rehabilitation (CMR) program served 594 persons over the past year. These patients had the following diagnoses:



PROGRAM DESCRIPTION

Patients receive individualized attention from an interdisciplinary team, led by a physician experienced in physical medicine and rehabilitation. Rehabilitation nurses provided specialized nursing care 24 hours a day. Physical and occupational therapists work closely with each patient to develop a treatment plan designed to meet the patient's specific goals. Speech and recreation therapy are also available as needed. Therapies are provided 3 hours per day, 6 days a week. Case management professionals provide emotional support and assistance in coordinating plans to return home. Patients and their families are informed throughout their stay of any coverage limitations imposed by their insurance company, and alternative sources of funding and programs are discussed as needed. Other services, including respiratory therapy, registered dietician, chaplain visits, and pharmacy are provided as needed.

Throughout the patient's stay, the rehabilitation team, family and patient work together to prepare for a smooth transition to home and community. Patients work on regaining skills in environments that are similar to those at home and in the community. Patients will wear normal clothing, eat meals together in the dining room, and begin the transition to home in a safe yet challenging environment. Family members who will help care for patients at home receive training in how to safely provide assistance. Education is provided to further understanding, increase skills in maintaining health and promote ongoing recovery.

Many patients will have a therapist visit their home prior to discharge to look for potential barriers to safety and independence in the home. Patients learn from the rehabilitation team as well as from other patients who are experiencing similar challenges. Opportunities to practice skills and overcome the typical obstacles that will be encountered at discharge are the primary focus of treatment. A warm water pool assists patients who need a gravity reduced medium of rehabilitation. An independent living apartment helps patients experience life on their own without leaving the security of the rehabilitation team.

CODE OF ETHICAL BEHAVIOR AND VALUES

The values of Kaweah Delta include vision, integrity, care, accountability, respect and excellence. The essence of the code of ethical behavior is two-fold. First, it is caring for others with those values in mind, whether they be patients, visitors, customers, or colleagues. Second, it is being responsible stewards of the resources we are given as we individually and collectively carry out our work.