

Kaweah Delta Health Care District Employee Membership Rates

These rates are for Kaweah Delta Health Care District employees only. Monthly dues are offered through payroll deduction only. The monthly dues will be divided between the first and the second paychecks of the month. Please be prepared to pay your initial fee and first month dues at the time of joining.

Category	Initial Fee	Monthly Dues	
Single	\$75	\$29	
Couple	\$125	\$47	
Family	\$175	\$67 (Family of 4)	
Each additional family member (5-11 years, children's activities only)		+ \$15	
Annual Facility Fee: \$29			
An annual facility fee will be collected for each primary member upon enrollment and annually on the member's anniversary date each year.			
Towel Service	\$2 Daily Rate	\$5 Single / Monthly	\$10 Family / Monthly

An initial 12- month commitment is required for all new memberships. For information or a tour, please contact a membership representative at (559) 624-3400.



Prices subject to change without notice.

It's not just a gym; it's a lifestyle.



The *Lifestyle* Center
A division of Kaweah Delta Health Care District

The Lifestyle Center is home to state-of-the-art exercise equipment and certified health care professionals dedicated to helping you reach your personal health and fitness goals.

As a medically based fitness center, we take an interdisciplinary approach to wellness. Our members benefit from expert guidance on exercise, nutrition, stress management and healthy lifestyle habits.

Whether you are a seasoned athlete or a beginner, The Lifestyle Center has something to offer. Take a tour to learn more about how we can help you live a stronger, happier and healthy life.

- Professional, Certified Staff
- Two Indoor Pools
- Indoor Track
- Multi-purpose Gymnasium
- Two Aerobic Studios
- Fitness Testing
- Pro Shop / Wireless Cafe
- Nutritional Education
- RockWall
- Childcare "Kidzone"

Facility

Hours of Operation:

Mon. - Fri. 4:30 am - 11 pm

Sat. & Sun. 6 am - 8 pm

Excluding holidays

Membership

Enrollment Hours:

Mon. - Fri. 8 am - 8 pm

Sat. 9 am - 6 pm

Sun. Noon - 6 pm

624-3400

5105 W. Cypress Ave. ● Visalia, Ca ● www.TheLifestyleCenter.org